

SOUTH SOMERSET WALKING FOOTBALL

TUESDAYS 5^{PM} - 6^{PM}

at Huish Leisure Centre Astro,
Langport, TA10 9SS

**JOIN US!
EVERYONE
WELCOME.
£2.50 PER
SESSION**

WALK DONT RUN!

- **WANT TO TRY SOMETHING DIFFERENT?**
- **NEW TO EXERCISE?**
- **RETURNING FROM INJURY?**

WALKING FOOTBALL IS GREAT FUN AND HAS EXACTLY THE SAME RULES AS FOOTBALL BUT NO RUNNING OR YOU'LL GIVE AWAY A FREE KICK.

TO FIND OUT MORE CONTACT

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Terry Crocker (Football Development Officer, Huish Leisure): 01458 251055

Website: www.southsomerset.gov.uk/walkingfootball



South Somerset
District Council
**Healthy
Communities**

